

SEATING AND TREADMILL EXERCISE DEVICE

ABSTRACT OF THE DISCLOSURE

- 5 A seating and treadmill exercise device for passengers to exercise on an aircraft, capable of being displaced between stowed and deployed positions. While passengers board the aircraft, the seating and treadmill exercise device may be placed in the stowed position to allow passengers to freely move about the aircraft cabin. A folding seat is attached to the underside of the treadmill track, providing a seat for an airline attendant when the aircraft is taxiing and taking off, or landing.
- 10 While the aircraft is in route, on long distance flights, the seating and treadmill exercise device may be placed in the deployed position so that passengers are able to exercise and stretch their legs, thus enhancing passenger well-being and health and helping to prevent maladies associated with long periods of sitting such as Deep Vein Thrombosis.

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